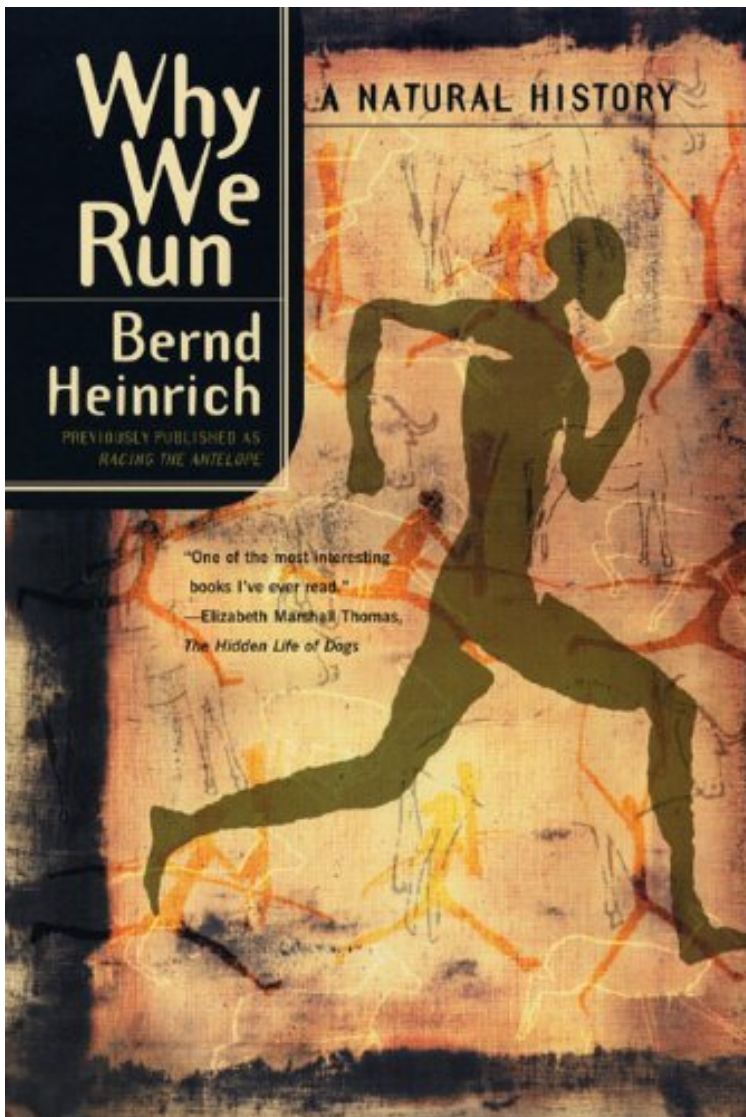


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# Why We Run: A Natural History



*Par Bernd Heinrich*  
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psychology, and philosophy, infused with his passion to discover how and why we can achieve superhuman abilities. Biographie de l'auteur The author of numerous bestselling and award-winning books, Bernd Heinrich is a professor of biology at the University of Vermont. He divides his time between Vermont and the forests of western Maine.