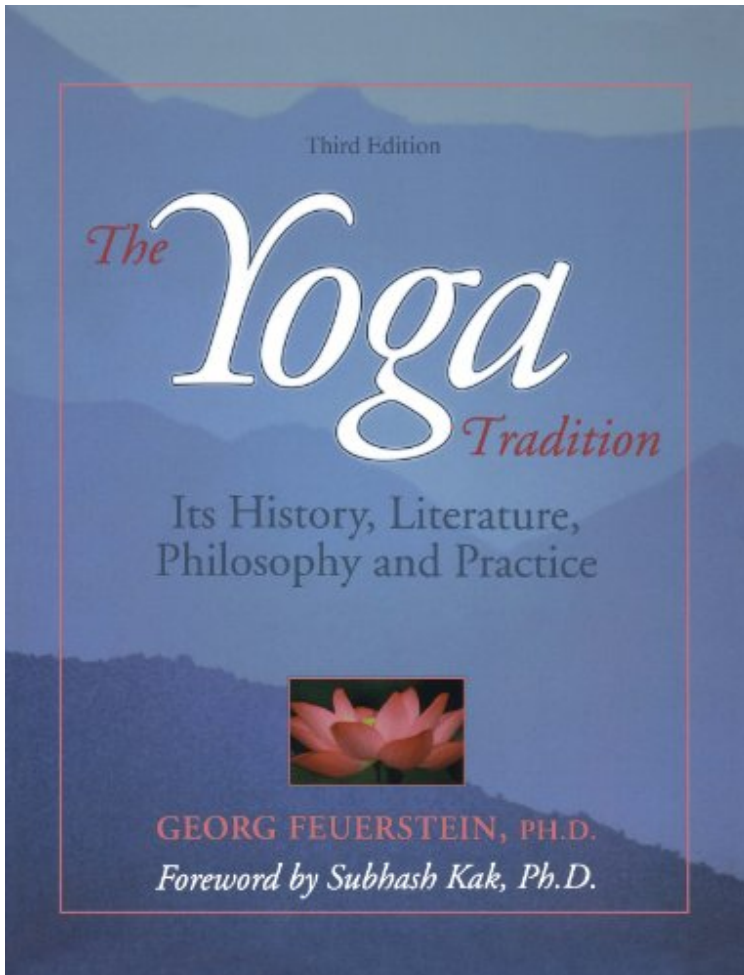


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The Yoga Tradition: It's History, Literature, Philosophy and Practice



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Prsentation de l'diteurA unique reference work from the foremost writer on Yoga today, THE YOGA TRADITION surveys the 5,000-year history of Hindy, Buddhism, Jaina, and Sikh Yoga, featuring full and partial translations of numerous key scriptures and over 200 illustrations. It is considered the CLASSIC text on Yoga practice and history.BooklistFeuerstein is a renowned yoga scholar and a tireless communicator, sharing his knowledge in more than two dozen books on the subject as well as translations of key yoga

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