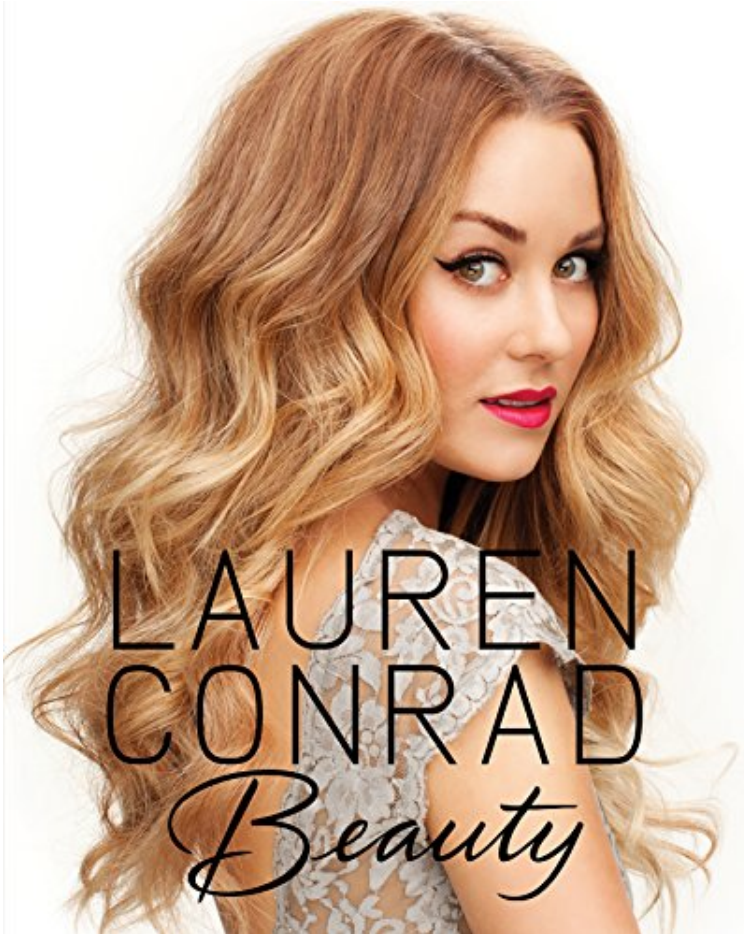


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Lauren Conrad Beauty



Par Lauren Conrad, Elise Loehnen
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Description :

Prsentation de l'diteurFrom lifestyle and fashion icon Lauren Conrad#1New York Timesbestselling author ofLauren Conrad CelebrateandLauren Conrad Stylecomes a must-read guide how to feel and look your best.Filled with everything from tips on finding the right skin care regime to how to perfect Laurens signature winged liner, Lauren Conrad Beauty is the book for all of Laurens many fans and for any girl or woman looking for pointers from one of Hollywoods most relatable yet glamorous stars. And with dozens of photographs of Lauren and other models, it has never been easier to re-create her look at home. Whether she's in front of the camera or behind the scenes, style icon Lauren Conrad has spent years learning from the pros and perfecting her look, and now she's sharing all her beauty secrets.In her first guide dedicated exclusively to beauty, Lauren covers everything you need to know to maximize your own beauty potential. From tips for creating a strong foundation and maintaining healthy skin and hair through diet, exercise, and all-around wellness to everyday makeup techniques and tricks of the trade for special-occasion looks,Lauren Conrad Beautyprovides the advice you've been waiting for. Lauren's personal anecdotes and illustrated step-by-step lessons for makeup, hair, and nails will have you looking great day or night.Prsentation de l'diteurFrom lifestyle and fashion icon Lauren Conrad#1New York Timesbestselling author ofLauren

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