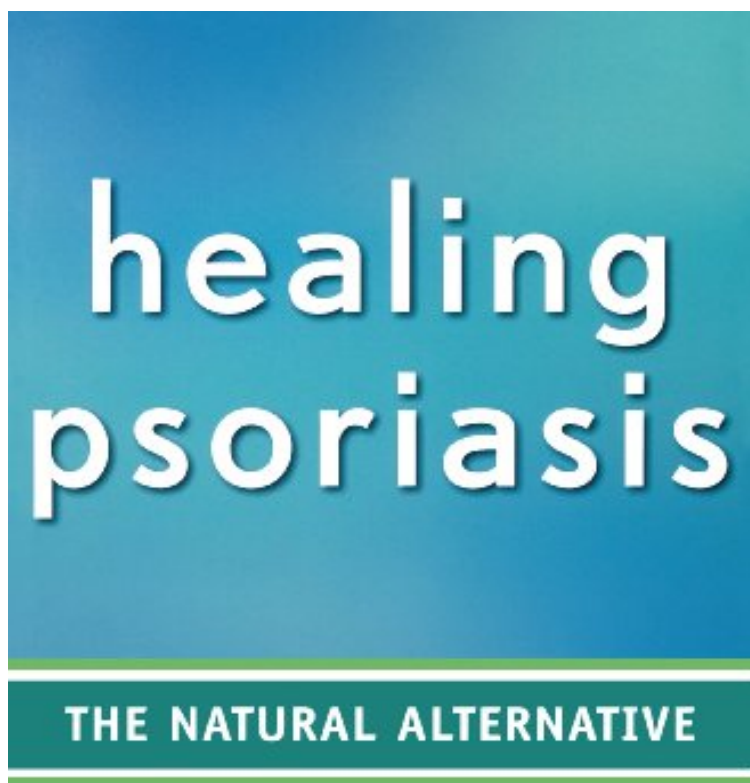


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Healing Psoriasis: The Natural Alternative



The Drug-Free Program
That Really Works

John O. A. Pagano, D.C.
Foreword by Harry K. Panjwani, M.D., Ph.D.

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baths, injections, or ultraviolet treatments. Healing Psoriasis outlines a healthy diet and lifestyle and includes case histories, photos, recipes, and a chapter on eczema. Say goodbye to the pain, scales, itching, and self-consciousness naturally. No more drugs, steroid creams, tar baths, or ultraviolet treatments! Now there is another way to achieve a cure. In *Healing Psoriasis*, you'll discover how to alleviate, control, and even heal this agonizing condition without dangerous drugs or treatments. This life-altering guide presents a proven, all-natural, safe, and healthy program for healing psoriasis. In simple, straightforward language, Dr. John Pagano explains why psoriasis must be viewed from the inside out; reveals the importance of diet, detoxification, and mental attitude in overcoming the disease; and offers a clear, step-by-step regimen that has helped many people worldwide win their battle with psoriasis. Complete with revealing case studies, extraordinary before-and-after photos, and helpful recipes, this book is the resource you need to find freedom from psoriasis at last!