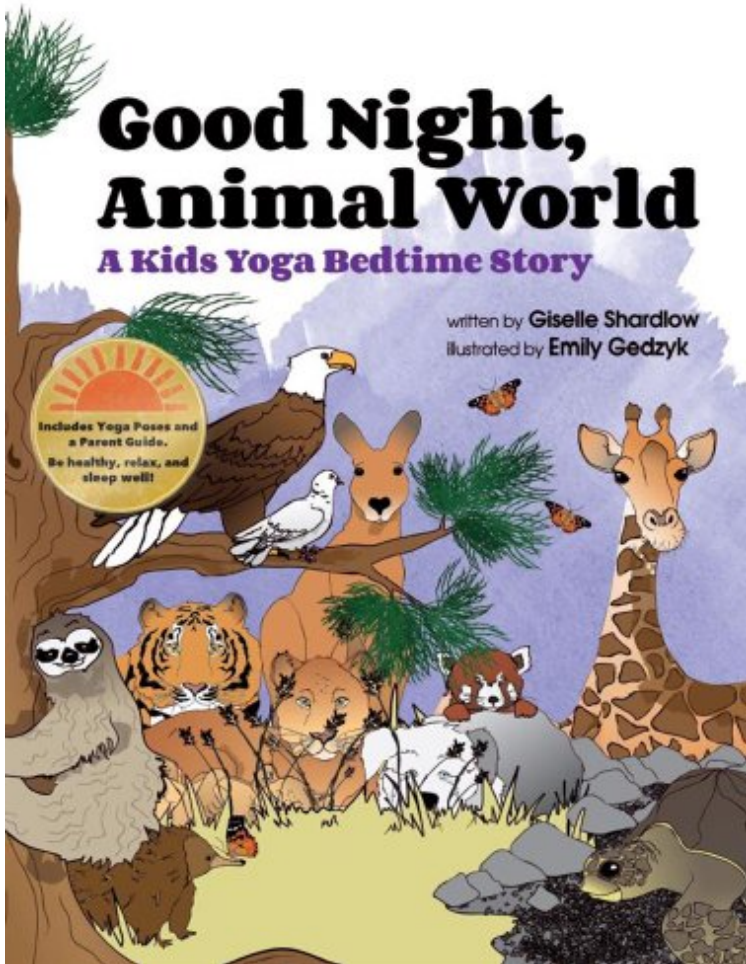


[Mobile ebook] File size: 21.Mb

Good Night, Animal World: A Kids Yoga Bedtime Story (English Edition)



Par Giselle Shardlow
DOC | *audiobook | ebooks | Download
PDF | ePub

Dtails sur le produit Rang parmi les ventes : #1007824 dans eBooksPubli le: 2014-05-07Sorti le: 2014-05-07Format: Ebook Kindle

[Mobile ebook] Good Night, Animal World: A Kids Yoga Bedtime Story (English Edition)

Par Giselle Shardlow : Good Night, Animal World: A Kids Yoga Bedtime Story (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Good Night, Animal World: A Kids Yoga Bedtime Story (English Edition):

Download

Read Online

Description :

Prsentation de l'diteurCalm your mind and body before bedtime by taking a journey around the world with this kids yoga storybook.Say good night to the animals of the world! Join six Kids Yoga Stories characters as you perch like a bald eagle, crouch like a tiger, and curl up like a sloth.The book includes a list of Kids Yoga Poses and a Parent Guide with tips on creating a successful bedtime experience. Recommended for toddlers and preschoolers (ages 2 to 5).Learn something new, explore movement, and unwind together before bedtime!Prsentation de l'diteurCalm your mind and body before bedtime by taking a journey around the world with this kids yoga storybook.Say good night to the animals of the world! Join six Kids Yoga Stories characters as you perch like a bald eagle, crouch like a tiger, and curl up like a sloth.The book includes a list of Kids Yoga Poses and a Parent Guide with tips on creating a successful bedtime experience. Recommended for toddlers and preschoolers (ages 2 to 5).Learn something new, explore movement, and

unwind together before bedtime!
Biographie de l'auteur
Giselle Shardlow draws from her experiences as a teacher, traveler, mother, and yogi to write her yoga-inspired childrens books. This story was inspired by her passion for integrating yoga and healthy bedtime habits. She lives in Boston with her husband and daughter.