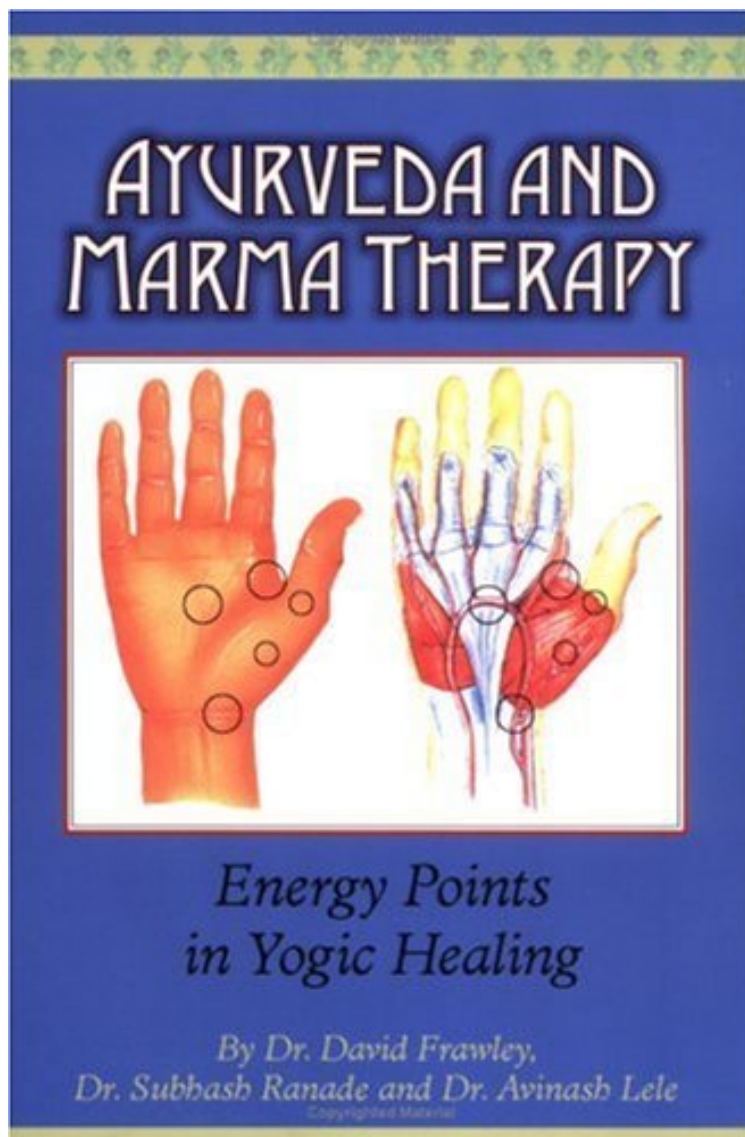


(Get free) File size: 30.Mb

Ayurveda and Marma Therapy: Energy Points in Yogic Healing



*Par Dr. David Frawley, Dr. Subhash Ranade, Dr. Avinash Lele
DOC / *audiobook / ebooks / Download
PDF / ePub*

Dtails sur le produit Rang parmi les ventes : #193866 dans eBooksPubli le: 2003-04-30Sorti le: 2003-04-30Format: Ebook Kindle

(Get free) Ayurveda and Marma Therapy: Energy Points in Yogic Healing

Par Dr. David Frawley, Dr. Subhash Ranade, Dr. Avinash Lele : Ayurveda and Marma Therapy: Energy Points in Yogic Healing before purchasing it in order to gage whether or not it would be worth my time, and all praised Ayurveda and Marma Therapy: Energy Points in Yogic Healing:

[Download](#)

[Read Online](#)

Description :

Prsentation de l'diteurThis is the first book on marma therapy published in the West. It clearlydescribes the 107 main marma points in location, properties and usage. Itexplains in detail how to treat them with many methods including massage,aromas, herbs and yoga practices.Ayurveda and Marma Therapy is an essential reference guide for all studentsof Yoga, Ayurveda, massage or natural healing.Prsentation de l'diteurThis is the first book on marma therapy published in the West. It clearlydescribes the 107 main marma points in location, properties and usage. Itexplains in detail how to treat them with many methods including

massage, aromas, herbs and yoga practices. Ayurveda and Marma Therapy is an essential reference guide for all students of Yoga, Ayurveda, massage or natural healing.